



Want to know more about SDS? **Glasgow Centre for Inclusive Living** are running **free awareness sessions** which aim to simplify the system and help you to decide if this is something right for you.

Self-Directed Support is not a welfare benefit and is not seen as income. Getting Self-Directed Support should have no impact on receiving benefits.

‘SDS – What’s it all about?’ sessions

Dates	Thursday 23rd January Tuesday 17th March Tuesday 19th May	Tuesday 18th February Tuesday 21st April Tuesday 16th June
Time	11am - 1pm	
Venue	Glasgow Centre for Inclusive Living 117 - 127 Brook Street G40 3AP	

If you are waiting for your assessment for **Self-Directed Support** or are planning on undergoing reassessment, Glasgow Centre for Inclusive Living are running **free ‘Preparing for your SDS Assessment’ sessions** which aim to help with:

- Getting ready for Social Work assessments
- Finding out how to get your needs understood by the assessor
- Understanding what you can use an SDS budget for

‘Preparing for your SDS Assessment’ sessions

Dates	Wednesday 26th February Wednesday 29th April Wednesday 24th June
Time	11am - 1pm
Venue	Glasgow Centre for Inclusive Living 117 - 127 Brook Street G40 3AP

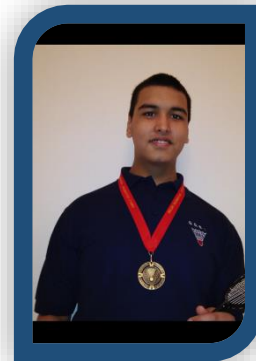
Refreshments will be provided and **we can arrange accessible transport for you there and back upon request if required.**

To book a free place please call 0141 550 4455 and ask to speak to Alasdair, or email alasdair@gcil.org.uk



By law, if you're eligible for social care support you can now get greater choice and control over how you receive these services. Support services can be 'personalised' to your individual needs and wishes. You're also entitled to an assessment for SDS if you're an unpaid carer. Self-Directed Support is not a welfare benefit and is not seen as income. **Getting Self-Directed Support should have no impact on receiving benefits.**

Want to know more? Glasgow Centre for Inclusive Living now run informal drop-ins where you can receive **information and confidential support** to find out what works best for you. Meet one of our friendly team over a cuppa.



Our drop-ins run on the following dates at GCIL's offices.

SDS Drop-in 2020	
Dates	Thursday 16th and 30th January Thursday 13th and 27th February Thursday 12th and 26th March Thursday 9th and 30th April Thursday 21st May Thursday 4th and 25th June
Time	10.30am – 12.30pm
Venue	Glasgow Centre for Inclusive Living 117 - 127 Brook Street G40 3AP

If you require accessible transport to attend, give us a call and we can arrange this free of charge. Tea, coffee and light refreshments also available.

For more information please call 0141 550 4455 and ask to speak to Alasdair or email alasdair@gcil.org.uk.